



Non-Smoking/Vaping policy

February 2025

At YMCA Childcare we are committed to promoting children's health and well-being. This is of the upmost importance for the setting. Smoking and the use of e-cigarettes has proved to be a health risk and therefore in accordance with legislation, the childcare setting operates a strict no smoking/vaping policy within its buildings and grounds. It is illegal to smoke in enclosed places.

All persons must abstain from smoking/vaping while on the premises. This applies to staff, students, parents, carers, contractors and any other visitors to the premises. Staff accompanying children outside of the setting, are not permitted to smoke/vape. We also request that any parents accompanying children on outings refrain from smoking/vaping while caring for the children.

Staff must not smoke/vape while wearing childcare uniform as it is essential that staff are positive role models to children and promote a healthy lifestyle. If staff choose to smoke/vape during breaks they are asked to change into their own clothing and smoke/vape away from the main entrance/nursery premises.

If staff are to smoke/vape within their break they must ensure that this is done at the start of their break as they should not be in contact with children for a minimum of 45 minutes, this enables fumes to leave the lungs and not be breathed upon children.

We respect that smoking/vaping is a personal choice, although as an organisation we support healthy lifestyles. We follow Public Health England advice and aim to help staff and parents to stop smoking/vaping by:

- Providing factsheets and leaflets
- Providing information of local help groups
- Providing details of the NHS quit smoking helpline - www.smokefree.nhs.uk
- Offering information regarding products that are available to help stop smoking
- Offering in-house support.

This policy also applies to electronic cigarettes.

This policy was reviewed on:	Reviewed by:	Date for next review:
21.02.2025	K. Streater	20.02.2026
Signed on behalf of YMCA Trinity Group:	A.Spence	

