

Here for young people Here for communities Here for you

## Week Commencing 4th August 2025 Let's Get Active!

|                       | Monday                  | Tuesday                 | Wednesday          | Thursday        | Friday           |
|-----------------------|-------------------------|-------------------------|--------------------|-----------------|------------------|
| Action Zone!          | Fly Swat Tennis         | Exercise Class          | Jumping Beans      | Gymnastics      | Stuck in the Mud |
| Enriching<br>Activity | Sport Bingo             | Sporting<br>Factsheets  | Gold Medal Cookies | Scattegories    | Sporting Banquet |
| Craft                 | Paper Plate<br>Frisbees | Create Your Own<br>Game | Windsocks          | Tin Foil Sports | Winners Crown    |

A range of other continuous activities on offer including but not limited to:

- Helping to prepare snacks / meals
- Hama Beads
- Board Games
- Jewellery making
- ► Gaming / challenges / quizzes