

YMCA TRINITY GROUP



**COULD YOU CHANGE LIVES?  
BECOMING A TRUSTEE**

2020 - 21

[www.ymcatrinitygroup.org.uk](http://www.ymcatrinitygroup.org.uk)



# Welcome to YMCA Trinity Group



Jonathan Martin  
CEO

We are a local charity that has been at the heart of community transformation in Cambridgeshire and Suffolk since 1852. Above all our focus has always been on building proactive and sustainable communities with an emphasis on supporting Young People and helping them to realise their full potential on their journey from dependence to independence.

We work with individuals and families to build better futures through our extensive range of programmes and interventions. This includes Housing, Health & Fitness, Youth Projects, Youth Justice Services, Mental Health Counselling, Employability Programmes, Volunteering and much more.

Our services provide opportunities for all young people, whether they're facing difficult and challenging issues or simply looking for a new direction. We deliver our programmes across the whole of Suffolk and Cambridgeshire, with key local provision across the region.

This YMCA is also proud to be part of a global family, operating in over 140 countries, forming the world's oldest and largest youth charity.



Steve Mallinson  
Chair

Volunteers are the backbone of the third sector and being a Trinity Group trustee is a great opportunity to give something back in support of a charity that delivers so much for young people in the East Anglia region.

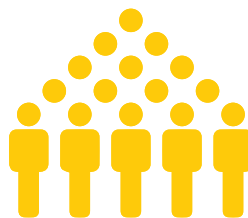
YMCA Trinity Group trustees meet as a full board six times a year, and in those meetings we spend two to three hours encouraging, developing and overseeing the work of the organisation. The scale of the group's activities means that some of our work takes place in Board committees which usually meet quarterly – most Trustees are members of one committee.

for greater reflection and focus. These Away Days are invaluable in that they give us space to consider the fundamentals and the bigger picture, and they produce a great sense of cohesiveness as a result.

Being a trustee requires commitment, but it is also rewarding and fulfilling. By joining our team, you can help create new possibilities, applying your skills, talents and energies to make a real and tangible difference for young people and their families – a difference that can last a lifetime. If you think you're ready to take that step, please get in touch – we'd love to talk to you.

Towards the end of the year we take two days away with the executive team – a time

The data in this document has been selected from our last annual report which is available to view in full at [www.ymcatrinitygroup.org.uk](http://www.ymcatrinitygroup.org.uk)



We now cover  
communities across  
**7,100 km<sup>2</sup>**  
with a population of over  
**1.4 million**  
people



**422**  
bed spaces



**238**  
Childcare spaces  
across 6 settings

Peterborough

Cambridge

Ipswich

# Inspiring communities, transforming young lives.



Our vision is to help create supportive, inclusive and transforming communities where young people can truly belong, contribute and thrive. At the heart of how we work are strong and committed relationships rooted in our inclusive values, approach and heritage.

As a federation of 116 YMCAs, YMCA England and Wales has developed a strategic plan, covering five core areas of work which all YMCAs follow. Our approach is based on having a national presence with local relevance, and spans five key areas of work, as shown in the following impact data from our last annual report.

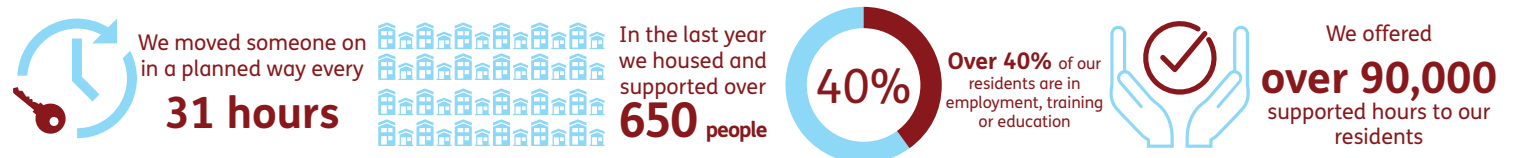
## SUPPORT & ADVICE:

*"We believe every young person should have someone they can trust."*



## ACCOMMODATION:

*"We believe every young person should have a safe place to stay."*



## FAMILY WORK:

*"We believe every family should have the support they need to develop and lead fulfilling lives."*



## HEALTH & WELLBEING:

*"We believe everyone should enjoy the benefits of good health and wellbeing."*



## TRAINING & EDUCATION:

*"We believe every young person should be able to fulfill their potential."*



# Is it you we're looking for?

At YMCA Trinity Group we are always on the lookout for people who share our passion for the work we do, and who believe they can make a contribution to our Board.

People are at the heart of YMCA. We believe the best way to find the right trustees for our Board is by talking and meeting people; we deliberately work slowly to ensure that you and we are both comfortable that together we will be a good fit. Our hope is that you will gain from being part of a talented and dynamic Board, and also that our other trustees will benefit from your perspective, experience and skills. We are a good team and we are looking for team players.

YMCA Trinity Group is an organisation that has served local communities since 1852. We recognise that we support community life in three of the most multicultural and diverse communities in the Eastern Region, and we'd like our board to reflect this accordingly.

We are especially interested to hear from members of the Black, Asian and Minority Ethnic communities who have a desire to see all young people have the best start in life, and would be interested to bring their skills and talent to the Board.

Similarly, young people under 30 years of age who would like to gain a taste of Board experience are encouraged to apply. If you have a passion for what we do and would like to add to your experience and skills, get in touch.

If you are interested in exploring becoming a trustee, and would like to talk further, contact Casie Farrell, PA to the CEO, who will put you in touch with the trustees responsible for recruitment.  
Email [casie.farrell@ymcatrinity.org.uk](mailto:casie.farrell@ymcatrinity.org.uk).



**YMCA Trinity Group**

[www.ymcatrinitygroup.org.uk](http://www.ymcatrinitygroup.org.uk)

**Registered Address:**

Queen Anne House  
Gonville Place  
Cambridge  
CB1 1ND

Company Registration No: 3561613 (England and Wales)

Charity Registration No: 1069810

HCA No: H4179

# YMCA

YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

SUPPORT & ADVICE

ACCOMMODATION

FAMILY WORK

HEALTH & WELLBEING

TRAINING & EDUCATION



## **Interested in becoming a trustee of YMCA?**

We are looking for people who share our passion for the work of YMCA Trinity Group to join our Board. Please read the accompanying document "Becoming a Trustee" for more information on the work of YMCA Trinity Group and the role of the Board.

## **We are searching for trustees in several areas:**

### ***1. Childcare, mental health, support for families and social work.***

Summary: Professionals with a childcare / mental health / social work, safeguarding background who can guide the charity's development in this and related fields.

*Experience in some of these areas:*

- Understanding what it takes to run an excellent environment for children to play, learn and socialise
- Understanding services in social care, health and mental health and best practice in any of these fields
- Understanding of the care pathways for people / families at various life stages
- An appreciation of the implications for staff training, developing and working with clients (and families) who have complex social problems
- An understanding of navigating these services through involvement with local government, education, providers of health care and social care
- Personal experience of accessing these services

### ***2. Business planning, financial planning and control, property management and investment.***

Summary: YMCA Trinity Group runs a complex series of businesses to provide a range of services. We have an ambitious strategy to deliver over the next three years involving growing our services in the Cambridgeshire and Suffolk region. This needs careful planning and financing. We own most of our property portfolio and make additional investments.

*Experience in some of these areas:*

- Understanding business planning, managing risk and reviewing progress versus plans

- Experience of managing working capital and an investment portfolio to deliver the goals of the organisation and ensure it can provide services through uncertain times
- Understanding alternative options for raising funds and investing for returns that mean we have more choices about delivering our mission where government funding is not available

### ***3. Marketing communications, communications technology, partnerships and relationship development in the East of England region.***

Summary: We want to extend awareness of what we do and the impact we have for young people in our area. We want to build on our reputation to initiate and / or win more projects that have the potential to positively impact young lives. We are committed to working with local communities to achieve this and need to make sure we are well-positioned to achieve this

*Experience in some of these areas:*

- Understanding how to navigate the digital world and use technology effectively to deliver our mission
- Understanding and experience of communications to stakeholders including relevant organisations and the public
- Experience of building relationships with partner organisations and how to make these work well for all involved

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We believe that living and working by the Nolan Principles is important. Published in 1995, Lord Nolan was asked by the government of the day to advise on ethical standards across public life. Nolan set out “The Seven Principles of Public Life”: Selflessness, Integrity, Objectivity, Accountability, Openness, Honesty and Leadership.

If you are interested in exploring becoming a trustee and would like to talk further, contact Casie Farrell, Personal Assistant to the CEO who will put you in touch with trustees responsible for recruitment. Email [casie.farrell@ymcatrinity.org.uk](mailto:casie.farrell@ymcatrinity.org.uk)