



Lunch

	Morning Snack	Lunch
Monday	Cream Crackers with Butter, Apples and Sultanas Wheat, Milk	Lentil and Vegetable Curry with Naan Bread Gluten, Milk, Tomato Ice Cream Pot Milk
Tuesday	Cheese Biscuits and Melon Wheat, Milk	Slow Cooked Lamb Mince and Vegetable with Mashed Potato Pineapple Sponge Cake Gluten, Egg
Wednesday	Ryvitas & butter Grapes & bananas Wheat, Milk	Beef Lasagne Gluten, Egg, Milk, Tomato White Chocolate and Mixed Fruit Crispie Cake Gluten, Milk, Soya
Thursday	Wholemeal Toast with Butter and Orange Wedges Wheat, Milk	Tuna Pasta Bake Gluten, Milk, Tomato, Fish Strawberry Crumble and Custard Gluten, Egg, Milk, Soya
Friday	Breadsticks with Houmous, Cucumber and Carrot Sticks Wheat, Milk	Chicken Goujons, Spaghetti and Mashed Potato Gluten, Tomato Fruit Smoothie

Milk / water

Water

- ✓ Breakfast is served at 8am with a choice of cereals, toast and fruit. Breakfast is charged at £1.30 per meal.
- ✓ Lunch is charged at £3.70 and Tea at £2.65 per meal.
- ✓ Snack is included in the session cost.

Afternoon Tea

✓ All of our meals are freshly made by our Chef

	Afternoon Snack	Afternoon Tea
Monday	Breadsticks, cucumber & Carrot Wheat, Milk	Beans on Toast Wheat, Milk
Tuesday	Wholemeal Toast with Butter, Apples and Carrot Wheat, Milk	Jacket Potato with Cheese or Tuna Milk, Fish
Wednesday	Crackerbread with Houmous and Carrot sticks Wheat, Milk	Selection of Sandwiches with Vegetable Sticks Wheat, Milk, Egg, Fish
Thursday	Cream Crackers with Butter Melon & grapes Wheat, Milk	Crumpets with Vegetable Sticks Wheat, Fish
Friday	Cheese biscuits Sultanas Wheat, Milk	Toasted Sandwiches with Fruit Wheat, Milk

Milk / water

Water



YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.



YMCA Childcare

Part of YMCA Trinity Group

- ✓ All allergens are highlighted in orange.
 - ✓ All meals are adapted for individual dietary requirements, including allergens. For advice please speak to our Nursery Chef or your child's key person.
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