



Lunch

Afternoon Tea

✓ All of our meals are freshly made by our Chef

	Morning Snack	Lunch
Monday	Sugar free jam on toast Apples & bananas Wheat, Milk	Fish Cakes, Potato Croquettes, Peas and Sweetcorn Gluten Rice Pudding with Fruit Milk
Tuesday	Breadsticks, cucumber & Carrot Wheat, Milk	BBQ Chicken and Mediterranean Vegetables with Rice Tomato Raspberry Mousse Gluten, Egg, Milk, Soya
Wednesday	Crumpets with butter Fruit Wheat, Milk	Cheesy Bean and Potato Pie Milk, Tomato Poached Apricots and Peaches with Custard Milk
Thursday	Fruit loaf Melon & grapes Wheat, Milk, Egg	Turkey Bolognese Bake Gluten, Milk, Tomato Chocolate Brownie Gluten, Egg, Milk, Soya
Friday	Cheese biscuits Sultanas Wheat, Milk, Egg	Chicken Meatball Ragu with Wedges Gluten Ice Cream Roll Gluten, Egg, Milk, Soya

	Afternoon Snack	Afternoon Tea
Monday	Cheese biscuits Apple & kiwi Wheat, Milk	Toasted sandwiches & salad Wheat, Milk
Tuesday	Cream crackers with butter Apples & sultanas Wheat, Milk	Pitta bread with variety of fillings and salad Wheat, Milk
Wednesday	Crackerbread with houmous Carrot sticks Wheat, Milk	Spaghetti Hoops on Toast Wheat, Milk
Thursday	Ryvitas & butter Grapes & bananas Wheat, Milk	Jacket Potato with Cheese or Tuna Milk
Friday	Breadsticks, strawberries & melon Wheat, Milk	Toasted Bagels with Fruit Wheat, Milk



YMCA Childcare

Part of YMCA Trinity Group

Milk / water

Water

- ✓ Breakfast is served at 8am with a choice of cereals, toast and fruit. Breakfast is charged at £1.30 per meal.
- ✓ Lunch is charged at £3.70 and Tea at £2.65 per meal.
- ✓ Snack is included in the session cost.
- ✓ All allergens are highlighted in **orange**.
- ✓ All meals are adapted for individual dietary requirements, including allergens. For advice please speak to our Nursery Chef or your child's key person.

Milk / water

Water



YMCA enables people to develop their full potential in mind, body and spirit. Inspired by, and faithful to, our Christian values, we create supportive, inclusive and energising communities, where young people can truly belong, contribute and thrive.

SUPPORT & ADVICE

ACCOMMODATION

FAMILY WORK

HEALTH & WELLBEING

TRAINING & EDUCATION